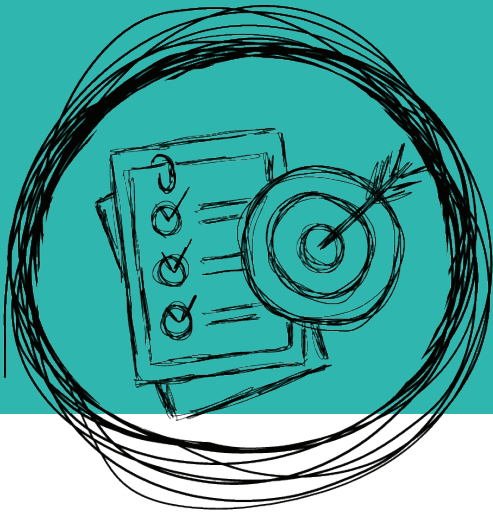


# Overview of the paediatric SCI healthcare journey (WA)



## Discharge home

Before discharge, you will be linked into outpatient services at PCH.

These include:

- Spinal Rehabilitation Outpatient Clinic. Depending on your injury you will be reviewed every 3-12 months.
- Other tertiary outpatient clinics as required based at PCH.
- Rural patients can access telehealth if appropriate.

## Transition (around 18 years)

At around 18 years of age you will transition to the adult SCI clinic located at FSH. FSH also has a Spinal Outreach Service (SOS) to best support the move into adult services. Referrals to the adult system are initiated up to a year in advance and is accompanied by a detailed transition summary from the multidisciplinary team.

## Time of injury

Inpatient rehabilitation will take place under the care of the Spinal Rehabilitation Team at Perth Children's Hospital (PCH).

If you are 16 years or older you may complete your inpatient rehabilitation in the state's adult Spinal Unit at Fiona Stanley Hospital (FSH).

## Preparing for transition (from 14 years)

The Spinal Rehab team will work with you to prepare for the transfer to adult services. The transition process will be guided by a transition checklist and commences around 14 years old.

This includes running dedicated adolescent clinics focusing on individual preparation to best support young people and their families/ caregivers.

