

SCI HEALTHCARE TRANSITION

Questions to ask your healthcare team about transition

PREPARING FOR TRANSITION

- What is the difference between the paediatric and adult healthcare setting?
- How can I get ready for the adult healthcare setting?
- Can you support me to prepare a medical summary for my new adult team?
- At what age do I need to change to a new doctor/healthcare professional for adult healthcare?
- Do you have any suggestions of adult doctors/healthcare professionals to transfer to?
- Where will I go to see my new doctor or other healthcare professionals?



BEFORE TRANSITION

- Will I need a referral to see my new doctor/health professional? Can I please get a copy?
- Do I need any final X-rays, scans or assessments prior to my final appointment with you?
- Can I get an electronic copy of all my relevant imaging? (X-rays and scans)
- Can I have a meeting with both my paediatric and adult healthcare teams?
- How can I contact my new doctor or other healthcare professionals?
- Will I need to pay to see my new doctor or other healthcare professionals?



BEFORE YOUR FIRST VISIT WITH AN ADULT SERVICE

- Did you receive my medical summary?
- What should I bring to the first visit?
- Can my parent/caregiver/other healthcare professional support me during my visit?



AT YOUR FIRST VISIT WITH AN ADULT SERVICE

- What is the best way to contact you?
- How often will I need to see you?
- Will I need to get a new referral every time I come to see you?

